

Rotary Club Meeting Minutes

Meeting Date: 10/14/2006

Meeting Location: Cottonwood Lodge

Meeting Format: In-person with Zoom participation

1. Call to Order

The meeting opened with the Pledge of Allegiance, led by Ryan McCoy. Kurt Heidt shared an inspirational message focused on how changing one's mindset can lead to meaningful changes in life.

2. Community Updates and Announcements

President James reminded members of the upcoming Westy Fest event and encouraged participation in volunteer opportunities. Volunteers are needed for setup from 11:00 a.m. to 1:00 p.m. and event support from 12:00 p.m. to 8:00 p.m. The club will assess volunteer participation to determine whether it can support the event.

Gary Cooper reported that 11,031 children were enrolled in the Imagination Library program. He also highlighted five potential Colorado grant opportunities and will contact the Candid program to confirm available grant amounts and application timelines.

Eric Holloway shared information about Project Amigo's 30th anniversary report and upcoming opportunities to participate in a service trip during the first week of February. Members interested in participating should contact Eric.

Warren Blair announced that he would like to transition leadership of the Scholastic books literacy program to another member. Members interested in continuing the program and assuming the lead coordinator role should contact Warren.

Brian Hall announced a fall hike scheduled for November 7 in Evergreen. The planned route includes BluebirdMeadow and Silver Fox Trails, followed by lunch at Evergreen Brewery. Members are encouraged to sign up.

Loren reminded members that the next board meeting will take place this Friday via Zoom.

Ed Moss requested a brief Grant Review Committee meeting immediately following the regular club meeting. Members were asked to remain for a 30-second discussion.

3. Guest Presentation: Mental Health First Aid

Dr. Melissa Sandoval, from the Westminster Public School district, presented an overview of the Mental Health First Aid program implemented by Westminster Public Schools in 2024.

The program equips school staff and community members with the knowledge and skills to recognize signs of mental health challenges and provide initial support. To date, 405 staff members have completed training. Specialized training addresses trauma, substance use, and self-care.

Dr. Sandoval explained the five-step ALGEE action plan:

- **A — Assess** for risk of suicide or harm.
- **L — Listen** nonjudgmentally.
- **G — Give** reassurance and information.
- **E — Encourage** appropriate professional help.
- **E — Encourage** self-help.